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NEWS
WORTH
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How did he die?

Conflict over Canadian soldier's friendly-fire killing. Page 7



Bakeries cook up legal dispute

Food. Sweet Olenka's bakery ordered to stop calling signature creations 'cakelettes' by creator of 'cakelets'

She can't have her "cakelette" — and name it, too.

Olenka Bazowski, co-owner of Sweet Olenka's bakery, is heartbroken she had to change the name of her signature confection from "cakelette" to "cakester."

It's all because Dufflet Pastries, one of the city's largest and best-known bakeries, sent her a cease-and-desist letter late last fall, demanding she stop "selling, offering for sale, disturbing, advertising or in any manner using" anything with their trademarked term.

If Sweet Olenka's failed to comply, the letter said, Dufflet would take "whatever legal action is necessary."

Bazowski, 36, who co-owns two locations of Sweet Olenka's along with her husband Ray Bazowski, says she can't afford to fight Dufflet, even though she feels the term — Dufflet spells it "cakelet" — is hers.

She started selling her version of the cakelette in 2006, she says, when Sweet Olenka's first store opened on Lakeshore Boulevard in Etobicoke. They have been a top seller for more than nine years at two locations — the Queen Street West outlet opened last year just down the street from one

of Dufflet's three GTA outposts.

Slightly larger than the standard cupcake, but much smaller than a traditional cake, and served in a crisp, parchment paper cup, it comes in a variety of ever-changing flavours, and each is topped with icing and chocolate truffles.

Cupcakes were a huge trend back then and Bazowski wanted to define herself — and her confection. Neither Dufflet nor any of its products, she says, ever entered into her mind.

"It was a no-brainer," Bazowski says, of the name. "It's a generic term."

Dufflet Rosenberg disagrees.

The founder and partner of Dufflet Pastries, says her "cakelet," has become synonymous with her brand. Her customers "recognize" the rectangular confection, and they ask for it by name.

Rosenberg coined the term "cakelet" in 1998 to describe her confection. It was "a natural" choice for a name, she says, not only because it denotes a smaller cake, but because it is also a play on her own name.

If Bazowski wants to use the term cakelet by either spelling, instead of cakester, she would have to take legal action against Dufflet, and that could be costly. She doesn't have the money for lawyers, she says, and doesn't "want the stress."

Bazowski says she's coming to terms with the situation.

Especially, she says, because her small cakes, by their new name, taste just as sweet.

TORSTAR NEWS SERVICE



TRY A LITTLE CHOREPLAY

Facebook boss Sheryl Sandberg and NBA basketball star LeBron James had a message for lazy men on International Women's Day. See story, page 14. RICHARD DREW/THE ASSOCIATED PRESS



The Art & Woodhouse band performing at a Toronto Sofar Sounds show. COURTESY SIMONE LEVEY

Sofar so good for the live-music movement

Concerts. Sofar Sounds' emphasis on small, low-key venues and intimate atmosphere a hit with Torontonians



GILBERT NGABO
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Local music enthusiasts have joined the global effort to change the way we enjoy live concerts.

For the Sofar Sounds initiative, good music is not about your usual loud performances for large audiences but the small and intimate live shows in someone's backyard or liv-

Quoted

"You feel like you are having your own concert."

Ryan Levey, co-organizer of Toronto Sofar Sounds

ing room.

The original idea started in the U.K. back in 2009, when Raffie Offer was frustrated by the traditional method of performing live music in concerts, said Ryan Levey, one of the organizers of the Sofar Sounds Toronto chapter.

"Sometimes in concerts people don't even listen to music. They just sit and drink and don't even respect what's going on with the artist."

Organized at a grassroots level, the Sofar — which stands for "songs from a room" — concerts aim to bring people together in an intimate environment to enjoy music "like never before," Levey said.

And it gives artists the chance to deliver the best of their talent to a fully engaged audience, he added.

More than 150 cities across the world have adopted the initiative. Each show hosts 60 to 80 people for an up-close and personal experience, he said.

"You feel like you are having your own concert," he said. "You can't have that in a major venue."

To pique curiosity, the venue of the concert and the names of the artists don't get communicated until the day

of the show, explained Levey, himself an amateur musician.

"The interest is huge from community members," he said, noting their events are always sold out as soon as they are posted.

Levey helped organize Sunday's event in Toronto as part of the celebrations for International Women's Day. Over 70 people signed up, and there's a wait list of over 200, he said.

Toronto is one of 34 cities where members of Sofar Sounds are raising funds for Women for Women International in support of women marginalized in countries ravaged by war and conflict.

Local artists Katy Carswell, Emma Lee and Stacey have performed.

Crime

Man charged over assaults on sex workers

A Toronto man is facing 17 charges on accusations that he sexually assaulted and robbed women working in the sex-trade industry.

Toronto police said the man targeted a vulnerable group of women working on Yonge Street between Finch Avenue East and Sheppard Avenue in January and February.

The man arranged "dates" with the victims and then sexually assaulted them, police said. The man is also accused of several armed robberies.

Police arrested O'Neil Forrester, 19, on March 4. He is facing criminal charges including sexual assault, forcible confinement, robbery with a firearm, robbery with a knife and forcible entry.

Police believe there may be more victims.

TORSTAR NEWS SERVICE

Collision

Vehicle strikes, injures woman

A female pedestrian was taken to hospital early Sunday after being struck by a vehicle in the Junction neighbourhood.

Toronto police and paramedics were called to the area of Dundas Street W. and High Park Avenue before 4 a.m.

The woman, who is believed to be in her 20s, was taken to hospital in serious but non-life-threatening condition with unspecified injuries, according to a paramedic spokesperson.

A police spokesperson said the driver of the vehicle is co-operating with officers as they continue their investigation.

TORSTAR NEWS SERVICE

TTC accused of ignoring P3 order for subway

The TTC is disputing a claim by Coun. Josh Matlow that it has ignored a council order to "aggressively pursue" a private partnership, called a P3, to build the Scarborough subway.

Without a P3, Toronto will be vulnerable to the same kind of cost overruns it faces on the delayed Spadina subway extension, said Matlow.

He was also critical of the TTC board for approving a contract last month for the Scarbor-

ough subway with a company that designed the tunnel in the over-budget Spadina project.

"The Scarborough subway is going to keep sucking money out of every capital priority we've got," said Matlow.

Torstar News Service reported Friday that the Spadina subway extension from Downsview to the Vaughan Metropolitan Centre is about \$400 million over budget. Neither the TTC nor the city would confirm

By the numbers

\$3.6B

The estimated cost of the Scarborough subway project

that number, pending a March 26 report to the TTC board.

Premier Kathleen Wynne also chided the TTC for failing to use a provincial-style public-

private partnership, such as the one Metrolinx is using on the Eglinton-Crosstown LRT.

That's the kind of arrangement that council ordered staff to pursue in 2013 for the Scarborough subway, said Matlow. But, he said, it didn't happen.

In the kind of public-private model used by Queen's Park, "it would be the private sector that would assume the overrun," said Matlow.

TTC chair Josh Colle called

Matlow "incorrect and ill-informed" on how P3s work, adding "that council directive has been and still is being completely followed."

"Before we can get to a P3, we need 10 to 30 per cent design, which is why we are bringing reports to the board to allow for that, as directed by council. No designs have yet been done," said an email sent Sunday from TTC spokesman Brad Ross. TORSTAR NEWS SERVICE

Fact check: Men's rights group

The Canadian Association For Equality (CAFE) is back in the spotlight with a downtown Toronto billboard that says half of all domestic-violence victims are men but no shelters exist exclusively for them. The billboard campaign coincided with International Women's Day, which was Sunday.

Metro ran a fact check on the group's most common statements.

JESSICA SMITH CROSS AND ROSEMARY WESTWOOD
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50%

They say: Half of domestic-violence victims are men, based on data from a 2009 Statistics Canada survey on victimization.

What we found: A lot of scholarly work debates the issue, and the CAFE assessment is a simplification of what's been shown.

The 2009 StatsCan survey showed six per cent of men and 6.4 per cent of women reported at least one violent act at the hands of a spouse over five years. Other surveys have had different results.

The StatsCan survey also showed women are more likely to face more serious, repeated abuse and three to four times more likely to be killed.

HALF of domestic violence victims are men.
NO domestic violence shelters are dedicated to us.
#LetsTalkMen
Donate to our programs for boys and men
www.equalitycanada.com
CANADIAN ASSOCIATION FOR
EQUALITY

The downtown Toronto billboard image. COURTESY CANADIAN ASSOCIATION FOR EQUALITY

Quoted

"The campaign will respond to the damage done by society's exclusive focus on violence against women."

Justin Trottier, spokesman for the Canadian Association For Equality

0

They say: No domestic-violence shelters in Canada are dedicated only to men.

What we found: The only such shelter we could find used to be in Calgary. It closed in 2013.

77%

They say: When courts hand down child-custody orders, women win custody 77 per cent of the time.

What we found: The statistic comes from the Department of Justice and is based on children who are 15 and younger in court cases from 1998 to 1999.

Other department data shows the figure is higher (80.6 per cent) when children are five and younger and goes down as children get older.

When there isn't a court battle over kids, women are even more likely to keep the kids.

The 16-year-old data is believed to be the latest available, but Statistics Canada data shows there's a trend toward more single-father families.

4x

They say: Men are four times more likely to commit suicide than women.

What we found: Statistics Canada disagrees. The latest data, which is from 2009, showed men are three times as

likely as women to commit suicide.

During 2009, 2,989 men committed suicide, compared to 901 women. However, StatsCan noted that women attempt suicide three to four times more often and may not be succeeding because of the methods they use, including poisoning, where men are more likely to hang themselves or use firearms.

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FACES OF THE STRIKE

‘Closer to the poverty line’

Stories from the York University and University of Toronto picket lines

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Dan Mioway, PhD student in Linguistics, University of Toronto

Mioway started a teaching assistantship in his MA studies three years ago, planning and running tutorials as well as helping in exam supervision and grading. All that work is coupled with a graduate research job, and there's no question the picketing line is eating away from that precious time, he said.

"I'm already afraid I'll be falling behind in my research, which is my primary responsibility," he said. "It's not fun to not be teaching my undergraduates right now."

He said it is "demoralizing" to watch the administration pretending that everything is fine. "Even if they were to just admit that there's a problem and we can't do anything about it, that would make me feel a lot better," he said.

If the university has acquired the reputation of one of the greatest institutions, it's partly because of the research work carried out by graduate students, Mioway said. The administration should do its best to treat them fairly, he noted.



Kyle Bailey, PhD student in political science, York University

Spending hours on the picket lines frustrates Bailey so much, but he understands it might be the only way the teaching conditions can improve for teaching assistants.

That is why he would like to see more support from his peers in other universities across the country.

"What is happening to us is not unique to York or U of T," he said. "The government needs to hear our complaints because it will spread across the board soon."

As a teaching assistant (T.A.) who interacts with undergraduates all the time, he understands that it might take them longer to finish their semesters because of the strike. But he is also affected the same way, and many of his colleagues who are about to submit their dissertations are in the same situation.

"We are more or less in the same boat," he said, adding he hopes the issues will get solved quickly and the campus return to normal soon.



Nathan Murray, PhD student in English Literature, University of Toronto

Murray has been a T.A. for the past four years and agrees with the strike "because these are important issues that need serious attention," he said as he walked the picket lines at the St. George campus.

Murray said there hasn't been any net gain for teaching assistants since 2008, while the value of money has been falling every year. "The cost of living has become unbearable to us," he said.

"We are not asking for vacation or anything luxurious like that," he said, explaining that both teaching and researching demands are very time-consuming for graduate students, who would otherwise work extra jobs to earn better living conditions.

"All we are asking for is getting closer to the poverty line, because we have been under for too long." (According to StatsCan, the poverty line in Toronto is \$19,930.)

And it pains him to see the administration acting as if there are no serious complaints, he said. "It's adding insults to injury, really," he said.

York University

Final vote on Friday's tentative agreement

The York University community will know Monday evening if classes resume on Tuesday or if the stand-off continues between the administration and 3,700 teaching assistants and contract faculty.

With the help of a provincial mediator, CUPE 3903's bargaining team returned to the negotiating table with the university's administration. A new tentative agreement was reached Friday, which will be presented to the union members for a final vote. The results will determine whether they return to work or continue with the strike, the union said.

Picket lines are expected to proceed at all gates of York University on Monday morning.

It is unclear if any moves were taken at the University of Toronto, where over 6,000 teaching assistants have been on strike since last Monday.

From porn to fitness: New life for theatre

An infamous Koreatown porn theatre may not have seen the last of sweaty, pulsating flesh inside its shuttered doors.

The Metro Theatre, Toronto's last porn palace, finally sold in August 2013 after the former owner spent more than a decade trying to shake off the property. Now, the building is getting its interior ripped out and neighbours say it will become a rock climbing gym — but the future remains shrouded in mystery.

"Many members, they're waiting for the opening of the building — the recreation centre," said Minh Lee, a co-ordinator with the Koreatown BIA. "But unfortunately, so far not many people know (when it will) open."

Lee said the new owners told him in 2013 that it would

Quoted

"Unfortunately, so far not many people know (when it will) open ... because they don't advertise anything at all."

Minho Lee, co-ordinator with the Koreatown BIA

become a recreation centre. The building remained open with few changes until last December, when he noticed construction crews starting to remove chairs.

The buyers — with a numbered company that shelled out \$2.9 million for the prime Bloor Street and Christie Street location — remain mum about specific plans. People connected to the company would not

speak openly with the Star but one man confirmed crews are gutting the building. He said there are "no real plans" yet.

Ward 19 councillor, Mike Layton, said the owners came to his office over a year ago, showing him preliminary drawings to create a climbing gym.

"It was really, really rough drawings," he said. "They wanted to do a gym in the back and have some retail in front."

Layton said he's unsure of where the plans stand now.

He said he'd welcome a new gym in the community, adding that many Koreatown residents didn't actually visit the 76-year-old cinema — which started showing skin flicks in the 1970s — and that there might be a "healthy stigma" if the site remained a theatre, he said.

TORSTAR NEWS SERVICE



The Metro Theatre on Bloor St. W., just east of Christie Pits, has been a Toronto landmark since 1939, and remains one of the last porn theatres in North America. But it could be set for a big change. TORSTAR NEWS SERVICE



How Boutakis' bike looks and how it can be folded to become more compact and easily transportable. COURTESY HELIX BIKES/PETER BOUTAKIS

Toronto man puts wheels in motion to create the 'world's smallest' bike

Transportation.

Folding bikes are a fit for the city's urban condo dwellers; 'I really think it will catch on,' says designer



LUKE SIMCOE
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A lot of folding bike designs really grind Peter Boutakis' gears.

"Some of them aren't even bicycles," he said. "I call them bicycle-shaped objects."

The difference, Boutakis

Quoted

"There hasn't been any innovation in the folding bike world for decades."

Peter Boutakis, Helix bicycle designer

said, is in the wheels. In order to save on size, many folding bikes opt for smaller tires.

"Small wheels are limited," he said. "There's more rolling resistance, they're not as stable and they're definitely not pothole-friendly."

Boutakis has been designing folding bikes in his spare time for eight years. This summer, he'll bring his first bike to market under the Helix brand name.

A Kickstarter campaign is slated to launch in April, and Boutakis promises the bike will be unlike anything the tiny bike movement has seen before.

Whereas many folding bikes have a hinge in the centre of the frame, Boutakis' all-titanium design allows the 24-inch wheels to fold in instead.

The result? This is where Boutakis makes his big claim: It's the world's smallest fold-

ing bike.

"Every other folding bike has small wheels and folds big or big wheels and folds even bigger," he said.

The world's folding bicycle market is centred in Asia, where Boutakis said compact bikes have become more popular than regular ones. However, as more Canadians opt for urban living, he's confident demand for his product will increase.

"In Toronto, I really think it will catch on for many of the same reasons as it has in Asia," he said. "Our condos are getting smaller, not bigger, and if you leave your bike outside, it's going to stolen or snowed on."

World's smallest bike

A Toronto inventor has designed what he says is the 'world's smallest' folding bicycle.

- **Dimensions.** Billed as the smallest and lightest folding bike in the world, the Helix weighs 21 pounds and folds down

to a size of 23" x 25" x 9".

- **Retail price.** Designer Peter Boutakis expects the bike to retail for about \$1,500 US. Early Kickstarter backers will be able to get one for \$1,200 US, he said.

Boutakis launched his Helix Bikes website two weeks ago and interest has surpassed expectations.

More than 45,000 people have watched a YouTube video of the bicycle in action, so to

speak, and thousands have signed up to receive news about the company.

"I'm elated," he said. "I'm not designing this bike just for me now. Other people want this."



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New home for Red Door Family Shelter

Development. A 94-bed shelter to be built at cost as part of condominium

The embattled Red Door Family Shelter is getting a modern new home on its longtime site in Toronto's hip Leslieville neighbourhood.

Under a deal to be announced at the shelter offices Monday, developer Harhay Construction will build a new 94-bed shelter at cost as part of a seven-storey boutique condominium project proposed for the corner of Queen Street East and Booth Avenue.

Once the 20,000-square-foot shelter has been built, Harhay will transfer ownership to the city, which will become Red Door's new landlord, said area Coun. Paula Fletcher, a major force behind the deal.

The shelter is launching a \$3-million fundraising campaign to cover the costs of furnishing its new four-storey building that will be nestled behind the 118-unit condo and front onto Booth Avenue.

A city planning report on the proposal, including the city's cost and financing, will be ready in April for council approval in May. If approved, construction is expected to begin in mid-2016, with occupancy in late 2017 or early 2018.

The city has agreed to help the shelter relocate during construction.

"This is a major milestone in our journey to our new shelter. We are thrilled," said Red Door executive director Bernitta Hawkins, who feared the 33-year-old facility would be forced to close when its former



An architect's rendering of the Red Door Family Shelter by Harhay Construction at the corner of Queen Street East and Booth Avenue. The new shelter entrance will be off Booth Avenue, while the proposed new seven-storey condominium will front onto Queen Street East. TORSTAR NEWS SERVICE

landlord went into receivership last year.

The new building will be a considerable improvement over the current shelter because unrelated families will no longer have to share space and washrooms, she said. There will be better programming space as well as an outdoor play area for the children, she added.

"It's been an amazing process: We have a developer who is willing to make a community contribution and work with us and the city to really add value to the shelter system," she said.

What is even better, she added, is how the surrounding community supported the shelter by packing public meetings and signing petitions urging the developer and the city to save the service, which helps

about 500 families a year.

As a result, city council voted unanimously last June to help the shelter financially remain at its current site.

Although the shelter will be losing 12 beds from its current operation, the city has offered to provide transitional housing at another location for Red Door families that require more time and support to move into permanent homes, Hawkins said.

"A lot of very positive things came together that we were able to capitalize on. So it's fantastic," she added.

Fletcher (Ward 30 Toronto-Danforth) said Monday's deal has the support of city planning staff who are now "working out design details, tweaking the financing and getting the rezon-

ing right."

Fletcher lauded developer Chris Harhay for "really stepping up and breaking new ground" with the project.

"Queen Street is very popular and people are very open-minded," she said. "I don't believe he will have any trouble selling those (condo) units."

Harhay admits he didn't realize what he was getting into when he bought the financially troubled site last spring. But once he visited the Red Door, he said he was happy to help.

"You walk through the shelter and you see women and young children and it pulls at your heartstrings," he said. "I'm really excited about giving them much better-quality living conditions."

TORSTAR NEWS SERVICE

Women's Day. Government tackles sexual abuse in new ad titled #WhoWillYouHelp

As Canada marks International Women's Day this weekend amid renewed attention to preventing sexual abuse, a provocative video ad released by the Ontario government is drawing praise from viewers.

Titled #WhoWillYouHelp, it shows various situations involving sexual violence and encourages viewers to step in and keep them from escalating. Part of Premier Kathleen Wynne's \$41-million "It's Never Okay" plan to address sexual violence and harassment, the video has already garnered 40,000 views on YouTube.

"I think it's an excellent video ... it's wonderful. I just think it just really speaks out against being bystanders to rape culture and harassment," said Alison Boughey, a communications manager in Ottawa. "I think that we all need to stand up and speak out

The video was released on Friday, just before Saturday's march in Toronto in recognition of International Women's Day, which is Sunday.

Organizers say more than 5,000 people, including members of community and labour groups, as well as women's shelters, participated in the march, which focused on combating sexual violence as well as issues such as murdered and missing aboriginal women, equal pay for women and racial justice.

Supporters sang, drummed, chanted and carried flags while marching through the downtown core to the Ryerson University campus.

Andrea Calver, an organizer with the International

Women's Day planning committee, said she's happy to see the province's new legislation giving additional resources to women's shelters and organizations fighting on the front lines of this issue.

"There's no doubt that's a step forward, but there's a lot of other steps the government needs to take," she said, adding that the province could take more of a leadership role in ensuring fair and balanced employment opportunities for women.

Boughey said she's seen both men and women share the video on social media, which she finds encouraging.

"I thought it was pretty compelling.... After watching it, I felt that there was an obligation on me to (say something) if I were to ever get into that situation," said Ryan Walker, a developmental service worker from Hamilton.

"I think the message was right to the point."

However, Toronto-based labour lawyer Andrew Langille said the video has its weaknesses.

"I think it's a good initiative, but it would have been wonderful if they had explored more of the diversity of situations that can arise," Langille said.

All of the situations in the video show men as the perpetrators and women as the victims, but Langille said that the opposite can also happen, and that sexual violence also occurs between people of the same gender.

TORSTAR NEWS SERVICE

For more International Women's Day coverage, go to page 8.

Grab your chance to live like a spy



ROSEMARY WESTWOOD
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The secret agent lifestyle is going up for sale.

Ten-foot statues, a swank Range Rover Evoque, an airplane seat and rows and rows of Prada shoes.

It all once adorned the sets, and cast, of the TV show Covert Affairs, and it's now all up for sale in what's being called the largest auction of film and TV props in

Canadian history.

Staff at Toronto auction house 403 Auction have spent six weeks photographing and cataloguing what will end up being 5,000 lots which hit the online auction block at 10 a.m. Monday.

The designer shoes and clothes alone are worth \$2 to \$3 million, 403 Auctions owner Jamie Jamieson said.

"I'm sitting in a Cadillac GTS we just photographed," he said Friday, as staff



There wasn't a kung-fu move Annie Walker couldn't do, no matter the footwear — including these \$3,175 Louboutins. CONTRIBUTED

worked to meet the deadline.

Covert Affairs followed the career of agent An-

nie Walker through international intrigue, double agents and sassy crime-fighting in sky-high heels. It lasted five seasons and was cancelled in January.

There are street signs designed for scenes set in far-flung cities, spy-style electronics, motorcycles and briefcases full of money.

The auction, running at 403auction.com, runs through March 16. There's an in-person public viewing on Friday.



Hundreds of men and women take part in a rally in downtown Toronto to mark International Women's Day. VINCE TALOTTA/TORSTAR NEWS SERVICE

Explanations for soldier's death differ

Sgt. Andrew Joseph Doiron. Kurdish officials say soldier was on the front lines, but a military official disputes claims

Quoted

"It's a regrettable case of mistaken identity. Obviously we want to know what happened."

Defence Minister Jason Kenney

Canadian and Kurdish officials on Sunday offered conflicting accounts of the death of a Canadian soldier in a friendly fire incident in Iraq, with the Kurds saying he was on the front lines directing airstrikes and the Canadians saying he was not there to direct airstrikes that night and was well behind the front line when shot.

The death of Sgt. Andrew Joseph Doiron on Friday marked Canada's first casualty as part of the U.S.-led coalition's war on the extremist Islamic State of Iraq and the Levant (ISIL). Three other Canadian soldiers were injured in the incident.

Kurdish officials said Sunday that Doiron was killed after he and other Canadian soldiers showed up to the front line unannounced to call in airstrikes.

"They went to the front line to direct airstrikes because the area was attacked by ISIS the day before," said Hezhar Ismail, director of co-ordination and relations for Kurdish peshmerga forces, using an alternate acronym for ISIL. Peshmerga spokesman Halgurd Hekmat said a group of Canadian sol-

diers showed up unannounced Friday to the village of Bashiq near the militant-held city of Mosul.

"When they returned, the peshmerga asked them to identify themselves," Hekmat said. "They answered in Arabic, that's when peshmerga started shooting. It was their fault."

But Canadian Defence Minister Jason Kenney and a senior Canadian military official said the soldiers had returned to an observation post at least 200 metres behind the front line.

The senior military official, who spoke on condition of anonymity, said the Canadian soldiers were at the same observation post earlier in the day and co-ordinated with the Kurdish soldiers on how they would return that evening and what signals they would give. The official said the soldiers passed through two Kurdish positions before reaching the third post, where they were fired upon.

The official said Doiron's body won't be flown back to Canada until Tuesday at the earliest. **THE ASSOCIATED PRESS**



Fahmy to advocate for free press after ordeal

Canadian acting bureau chief of Al Jazeera English, Mohamed Fahmy, left, leaves a court with his fiancée Marwa Omara after a hearing in his retrial Sunday in Cairo. The retrial of Fahmy and another Al Jazeera English journalist, Baher Mohammed, who face terror-related charges in Egypt, has been postponed until March 19. The Canadian journalist says he wants to make every moment of his time count. To that end, Fahmy is launching an organization that will advocate for imprisoned members of the press. The 40-year-old was recently released on bail after more than a year in a Cairo prison. The motivation for the Fahmy Foundation for Free Press came from his own experience behind bars.

PHOTO: THE ASSOCIATED PRESS

TEXT: THE CANADIAN PRESS

CN train

Derailment spurs concerns over oil transport

Another train derailment in northern Ontario has added new fuel to the ongoing debate over whether rail is a safe way of transporting crude oil.

CN said Sunday there were 94 cars on the train, all carrying Alberta crude to Eastern Canada, when approximately 30 of them derailed near

Gogama, Ont., about 80 kilometres south of Timmins. Some of the cars caught fire and some crude entered the Mattagami River System.

Chief Walter Naveau of the Mattagami First Nation said his community does not feel safe after the third CN derailment in northern Ontario in less than a month. There are concerns over the effects of smoke inhalation and environmental damage, he said. CN said residents will likely see smoke rising from the site but that this poses no threat. **THE CANADIAN PRESS**

Jobs

Tory MP apologizes after 'offensive' remarks

A Conservative MP has apologized for using "offensive and inappropriate language" related to Canada's temporary foreign workers program.

Media outlet iPolitics is reporting that New Brunswick MP John Williamson told delegates at a conference in Ottawa that it makes

no sense to pay "whities" to stay home while companies bring in "brown people" as temporary foreign workers.

Williamson posted a series of tweets Saturday to apologize for language he used in reference to the controversial federal program, but he did not elaborate on what he said.

"Today I used offensive and inappropriate language regarding the Temporary Foreign Workers Program," he wrote on Twitter. "For this I apologize unreservedly." **THE CANADIAN PRESS**



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International Women's Day

Activists shout slogans during an International Women's Day march through the streets of Rabat, the capital of Morocco, on Sunday. The banner in Arabic reads "women protesting for dignity, freedom, equality, social justice and support to the 20th February movement, the Moroccan Arab Spring movement".

ABDELJALIL BOUNHAR/THE ASSOCIATED PRESS

Alabama

Thousands crowd bridge in memory of civil rights clash

Thousands of people crowded an Alabama bridge on Sunday to commemorate a bloody confrontation 50 years ago between police and peaceful

protesters that was a landmark in the civil rights movement and helped bring about the 1965 Voting Rights Act.

A day after President Barack Obama walked atop the Edmund Pettus Bridge, many jammed shoulder to shoulder, many unable to move, as they recalled the civil rights struggle.

THE ASSOCIATED PRESS

Families of Flight 370 victims won't give up

Vowing never to give up on the desperate search for Malaysia Airlines Flight 370, family members of those aboard the plane wore symbolic T-shirts and released white balloons Sunday as they marked the anniversary of the jet's disappearance.

Gatherings were held in Kuala Lumpur, where the flight departed on March 8, 2014, and Beijing, where it was headed when it vanished with 239 people aboard. Despite an intensive year-long search, no trace of the Boeing 777 has been found.

"My daughter asks me every day, 'Where is Daddy? Why isn't he answering his phone?'" a teary-eyed Kelly Wen from China, whose husband was on the plane, said at a gathering at a Kuala Lumpur mall to mark the anniversary.



Relatives of passengers on board the missing Malaysia Airlines Flight 370 protest near the Malaysian Embassy in Beijing on the one-year anniversary, Sunday. NG HAN GUAN/THE ASSOCIATED PRESS

The more than 100 people who gathered wore white T-shirts with the picture of an airplane and bear-

ing the words "Search on," as a video tribute of the passengers and crew members was played.

About 30 family members later went on stage for speeches and a group photo.

One man dedicated a poem to his cousin Anne Daisy, who was aboard the plane. "You have been hidden from me. I don't know where to search. When will we once again meet?" Raymond Gagarin said.

Daisy's 27-year-old daughter, Grace Subathirai Nathan, then gave a speech in tribute to her mother. Nathan, who helped organize the event, said she was in London when the tragedy occurred.

"Every day is like a living nightmare. I miss my mother so much. She was to me my everything," an emotional Nathan said. "It is so important that we have some form of closure. It is so important not to give up on the people that we love."

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Health. Consumers not at risk of mad cow: Expert

Canada's chief veterinary officer says some cattle associated with the investigation into a case of mad cow disease in Alberta were slaughtered over the last few years and entered the human food chain.

But Harpreet Kochhar said consumers are not at risk because of Canada's bovine spongiform encephalopathy (BSE) safeguards.

"There is no food-safety concern here because any of these animals would have been slaughtered and the specified risk material, which is the material which actually harbours prions, (would) have been removed completely — and that is because of the enhanced feed ban," Kochhar said, adding that if any cattle displayed symptoms they would not have been brought to a slaughterhouse.

Last week, a report posted on the World Organisation for Animal Health (OIE) website indicated that 317 cattle out of 750 associated with the BSE investigation had been slaughtered.

The numbers refer to cattle born within one year of a

'Mad cow'

BSE is a fatal and untreatable wasting disease of the brain and nervous system.

- **Cause.** BSE is caused by rogue proteins — prions — that can be spread by contaminated feed. Humans who eat infected beef can then develop the fatal disease.

BSE cow's March 2009 birth. Both numbers have since been removed from the OIE website.

Kochhar said the posting was an initial draft and the slaughter number was not correct and could be "approximately right within 95 per cent confidence."

Investigators are working to confirm the total, which will be submitted to the OIE, he said.

A typical BSE investigation takes about six months before a final report can be submitted to the OIE, he said.

THE CANADIAN PRESS

NHL, Samsung Canada set to announce corporate deal



A woman takes a photo at an NHL game. A new partnership will give Samsung smartphone users access to NHL video content not available on other devices.

JULIO CORTEZ/THE ASSOCIATED PRESS

Smartphones. Exclusive league content will be featured on Samsung's mobile devices

The NHL and Samsung Canada are expected to announce that the electronics manufacturer will become an official corporate sponsor of the league. But the deal isn't just about placing logos on rink boards.

When Samsung smartphone users download the NHL app, they'll have access to videos that iPhone and BlackBerry users can't view — specifically, edited footage from the league's "Situation Room," where officials watch videos, then issue rulings on disputes.

While fans at home and at the arena will learn the outcome of the call, Samsung users will be able to view a video explaining how officials reached their decision.

The move is an attempt to find an edge in an ultra-com-

petitive smartphone market. According to a 2013 Ipsos-Reid survey, 29 per cent of Canadian mobile phone users have Samsung devices, while 33 per cent use iPhones.

"It's become an interesting race in the mobile space. If I can create a compelling reason for you to switch off that platform to my platform, it's beneficial for us," said Paul Brannen, Samsung Canada's senior vice-president of mobile solutions.

The agreement also taps into a synergy between Samsung's desire to feature its products and the NHL's need to keep pace with shifting viewing habits. The deal will see Samsung sponsor a blog on NHL.com, but marketing experts feel exclusive content is the most important part of the partnership.

"People want to be able to stream, and it allows Samsung to truly showcase how their products can be brought to life," said Keith McIntyre, president of the KMac Group.

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VOICES

CITY HALL SHOULDN'T CUT OVERSIGHT

Work at the offices of the integrity commissioner and ombudsman have grown faster than their budgets — yet Tory is denying them the money they need to do their jobs



**TORY'S
TORONTO**
Matt Elliott

A simple rule I've learned from watching Toronto City Hall: You can never have too much oversight. Toronto's accountability officers — the auditor general, the ombudsman, the integrity commissioner and the lobbyist registrar — proved their value in spades over the past four years.

They uncovered conflicts of interest, improper fundraising, sketchy lobbying, gross mistreatment of residents, spending abuses and all kinds of other nasty things that would have otherwise flown under the radar during the ridiculous Rob Ford years.

This is why it's so weird that Mayor John

Tory's first budget, set to be approved by Toronto city council this week, denies two of these accountability offices the money they need to do their jobs effectively.

Government accountability is a weird place to look to save money.

Here's the scoop: The budget was amended at committee after a motion by Coun. Michelle Berardinetti to remove recommended additional staff positions from the office of the ombudsman, who investigates resident complaints, and the office of the integrity commissioner, who exists to try to keep councillors from doing shady things without consequence.

All told, the ombudsman's office saw six positions axed from their budget request, while the integrity commissioner lost two.

In the context of the city's \$10-billion oper-

ating budget, the moves amount to small change — the eight positions combined are worth about \$738,500 per year. But small change or not, this could have serious impacts. The reason both offices need more staff is because they've been inundated with requests and complaints over the last year.

Presentations attached to the budget show citizen and staff inquiries to the integrity commissioner effectively doubling between 2011 and 2014, while complaints to the city's ombudsman reached an all-time high last year. In both cases, the volume of work has grown faster than their budgets.

At the same time, councillors have endorsed expanding the reach of both offices. In July of 2013, councillors voted to make the integrity commissioner a full-time position, as

opposed to the part-time gig it had been previously. And last May council voted to give the ombudsman formal oversight of all city-controlled corporations.

Call me crazy, but I don't think it makes sense to vote in favour of expanding the mandate of an office and then vote against giving them the resources needed to achieve that mandate. Some could argue, I guess, that city hall has turned a corner after the Ford years, and less oversight is needed. It's a nice thought, but I'd counter with this: Prove it.

Until then, Tory and council are in no position to deny these resources. City hall just went through four years where the city's accountability offices were often the only line of defence against a chaotic political administration — it's far too soon to forget that.

Your Toronto



Marshmallow world ... and it's melting

Photo submitted by Metro reader Sean Lyons

There's only a little bit of time left to grab some chillingly icy photos of the city. GTA temperatures are expected to continue their upward trend this week. Sean Lyons captured this image in mid-February at Cliff Lumsden Park in Etobicoke.

CONTRIBUTED

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Send us high-quality snaps
of your city to
readers@metronews.ca

Upcoming

Business startups

Here comes a chance for community members who want to take that first step in creating their own business. An eight-week program will give participants an opportunity to learn from business professionals. The program is offered by the Toronto Public Library in partnership with the Toronto Business Development Centre and the City of Toronto. Orientation sessions will take place Monday from 6:30 p.m. Visit www.torontopubliclibrary.ca or 416-395-5613 for more details. **METRO**

OCADU Zine Fair

Happening for the seventh time, the OCADU library will host the Zine fair at the downtown campus on March 12. Fair goers will have a chance to browse many works of art by students and local artists. Zines, comics, crafts, prints and more will be at display for viewing and purchasing. People will also have a chance to make their own buttons, while enjoying the music. Details at www.ocadu.ca. **METRO**

The DJ Show

The Canadian DJ Show is back. Promising to be the biggest showdown yet, this year's show will feature the latest equipment, technology and information. There will be exclusive sessions and training aimed at helping attendees make their businesses more successful and their careers more prosperous. It all takes place this Friday at Hilton Hotel downtown Toronto. Contact Dylan Gray at media@cdjshow.com or visit www.cdjshow.com/site/home/ for more details. **METRO**

Gossip

NED EHRBAR
METRO'S TAKE
ON THE WORLD
OF CELEBRITIES



Kanye West and Kim Kardashian ALL PHOTOS: GETTY IMAGES

Air from Kanye concert blows up

Kardashian tweet: WOW he can sell anything! Lol

I'm honestly surprised it took this long for the Internet to reach this level of crazy.

One trailblazing eBay auctioneer put up a sealed plastic bag purported to contain "air from Kanye show," which sounds pretty stupid — until you find out about the nearly 100 bidders who drove the



Air from Kanye show.

price up over \$60,000 over the course of the week-end before the whole thing was scrapped by eBay. But copycats haven't let that bumper ending deter

them, as several similar posts have gone live, including another bag of West air — but this time infused with bay leaves — and a bag of air from a Garth Brooks concert.

You can also grab a bag of West's flatulence for the bargain "buy it now" price of five bucks.

Good luck getting a certificate of authenticity, though.

Amal to teach at Columbia

George Clooney is coming to New York this spring to film *Money Monster*, and his wife won't just be hanging around seeing the sights.

Amal Clooney has announced that she will be teaching a course on human rights at Columbia Law School for the upcoming semester.

"It is an honour to be invited as a visiting professor at Columbia Law School alongside such a distinguished faculty and talented student pool," she says in a statement.

"I look forward to getting to know the next generation of human rights advocates studying here."



Amal Clooney

Cate Blanchett adopts baby

A spokeswoman for the actress said Friday that Blanchett and husband Andrew Upton have adopted a baby girl. Edith Vivian Patricia Upton joins the couple's three sons, ages 6, 10 and 13. Publicist Stephanie Gonzalez said no other de-



tails will be provided. Blanchett can next be seen on the big screen in Disney's *Cinderella*. The 45-year-old actress won her second Academy Award last year: best actress for *Blue Jasmine*.

THE ASSOCIATED PRESS

Cate Blanchett

Kemper loves dark comedy Tina Fey wrote for her



Ellie Kemper as Kimmy Schmidt ERIC LIEBOWITZ/COURTESY OF NETFLIX

Most people are trying to hide one or two weird things about themselves in their day-to-day lives, but Kimmy Schmidt, the main character in the new Tina Fey Netflix show *Unbreakable Kimmy Schmidt*, is hiding something a bit weirder. She's just escaped a doomsday cult after 15 years, but that isn't stopping her from trying to make a go of it in New York City. And who better to play the wide-eyed innocence of someone who grew up in an underground bunker than Ellie Kemper, who's made something of a specialty of playing innocents?

Why do you think people like casting you as these

innocent characters?

I have a really big face, so I think that when I smile, it's just a big smile, because it's in proportion to the rest of my face. Some of the characters I play err on the side of ditzy, but Kimmy is not a ditz. I think any lack of knowledge she has is purely from a lack of experience and not a lack of intelligence. There's a resourcefulness and a craftiness there that enables her to go through those 15 years in the bunker. You can't be a survivor unless you are smart. It reminds me of Will Ferrell's character in *Elf*. Everything is new and shiny to her because she hasn't been there before. But when she does

say things that might seem a little clownish or goofy, it's purely from a lack of experience.

The show has a pretty dark premise. How do you balance that with the humour?

I think the subject matter is so serious and tragic and dark and needs to be dealt with very carefully. I think (co-creator Robert Carlock) and Tina did a great job of treating such a dark premise and were able to make a comedy from it. Writing is so key to that, of course, and I think that when something tragic or dark does happen, it doesn't mean you have to shy away from comedy.

LISA WEIDENFELD/METRO U.S.

Homeland. Fifth season to be set in Germany, Carrie no longer a CIA officer

Time will fly between the fourth and fifth season of the Showtime spy drama *Homeland*, the series' executive producer Alex Gansa said.

"We're going to take about a two-year forward jump," Gansa said Friday at the opening night of PaleyFest, the annual TV celebration at the Dolby Theatre.

On the purple carpet, Gansa said the next *Homeland* season will be filmed in Europe, most likely in Berlin. He said the setting would be Germany.

The fourth season of *Homeland* was shot in Cape Town, South Africa, which doubled for Islamabad and Kabul.

Gansa later told the PaleyFest audience that CIA officer

Carrie Mathison, played by series star Claire Danes, will no longer be an intelligence officer.

Many of the *Homeland* crew members said the fourth season was critical to the series, given the death of the character Brody, portrayed by Damian Lewis, on the third season. So the show got a "reboot," said director Lesli Linka Glatter, referring to the fourth season's

new plot direction and darker-than-ever twists. Showtime renewed the show for a fifth season in November. PaleyFest organizers said about 20,000 fans were expected over the course of the 10-day festival.

THE ASSOCIATED PRESS



Hollywood. Sean Penn refuses to apologize for his 'green card' Oscar joke

Sean Penn has opened up about the green card joke heard around the world. He talked about it Saturday in Beverly Hills during a promotional tour for his new film *The Gunman*, saying that he has "absolutely no apologies" for his comment.

On Feb. 22 at the 87th Academy Awards, Penn, tasked with presenting the best

picture award, made waves when he opened the envelope and first asked "Who gave this son of a bitch his green card?" before announcing the winner as Birdman. Directed by the Mexican-born Alejandro Inarritu, many wondered whether the joke was distasteful.

THE ASSOCIATED PRESS

France takes Anglo angle in bid for TV supremacy

New series. With a \$30-million budget and an English script, France hopes the show *Versailles* will capture a global audience

The story

Versailles focuses on the early years of the reign of Louis XIV — the grand and self-proclaimed "Sun King" — when he ordered the vast and vastly expensive Palace of Versailles be built to house his court away from Paris and its intrigues.

Back in the day, the prospect of a French king speaking English would have been enough to trigger a century-long war.

Not any more, as evidenced by what will be France's most expensive TV series ever: *Versailles*, a period mini-series of 10 episodes that will come out at the end of this year.

The makers of the series, about the famous Palace of Versailles outside Paris and King Louis XIV who had it built, have bowed before the inescapable domination of English as the global language of entertainment. Thus their French king, one of history's most iconic monarchs, is British. Indeed, most of the cast is British or Canadian. French performers are relegated to supporting roles or in the background.

The reason for such sacrifice in a country known for protecting its language and culture is simple: France no longer wants to sit on the sidelines of the international resurgence in television. It has seen the revolution sweeping the small screen, with cinema-grade pro-

ductions being made by new players including Netflix and Amazon, and it wants to be part of it. And that means adopting English. It also means spending big. At \$30 million (around \$3 million per episode, each taking 12 days to film), *Versailles* is the costliest TV production put on in France.

That's the sort of cash an "American super-production" would throw at the screen, boasts George Blagden, the English actor who incarnates the 28-year-old Louis XIV. The producers — France's Canal+, Capa Drama and Zodiak Fiction allied with Canada's Incendo — are gambling their series can win the same worldwide business generated by the British-Irish-Canadian TV hit *The Tudors*, or the British drama *Downton Abbey*. Claude Chelli, of Capa Drama, makes no bones about it. He says the decision to film *Versailles* in English was "to ensure the biggest international distribution possible." AFP



In the show *Versailles*, the pomp and elegance of King Louis's court will be on display in front of the actual palace, seen here. THOMAS SAMSON/AFP/GETTY IMAGES

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We're going to Mars this week with Andy Weir's amazing eBook and on a trip to Disneyland with a fun camera app.

App

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Become your favourite Star Wars or Disneyland character with this face-tracking camera app that can adjust for eyeglasses and facial hair with impressive ease, creating both photo and video selfies.

Ebooks

The Martian

By. Andy Weir

Kindle/iBooks/Kobo

Stranded on Mars, astronaut Mark Watney can't stop laughing. His life expectancy is dire, his isolation is bleak, yet he perseveres in this well-researched survival thriller.



Stop making debt excuses

Money management.

It's easy to find reasons why you're not digging yourself out of a financial hole, but you need to face reality



GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Every time I think I've heard it all, someone pops up with a new way to excuse the fact that they're up to their eyeballs in debt. While the most recent research says that people are slowing their consumption of debt, and we should all feel good about that, I hear from a lot of people that haven't yet got the message. They're still saying things like this:

"We got a consolidation loan and paid off our credit cards." Really, you paid off your debt with other debt? That is not paid off, my little chickadee.

Consolidation makes sense when you lower your interest costs and then work aggressively to repay the debt. But if you're sitting back smugly because you've found a less expensive way to go broke, give your head a shake.

"Everybody's in debt, so what's the big deal?" And if everyone were running naked down the highway you'd do that, too? There's no question that debt has become so pervasive that it seems like everyone's in it.

And if you grew up in a family that had it all, including the debt, you may think

Debt-free in three steps

Here is a step-by-step guide to get out of a single debt. You must do this for every consumer debt you have.

1. Take your credit card balance, multiply by the interest rate, and divide by 12. That's the monthly interest you're paying to carry that debt. So if you're \$13,500 is costing you 18.9 per cent in interest, it's costing you $13500 \times 18.9 \div 100 \div 12 = \$212.62$ a month in interest.

2. Take the balance and divide by the number of months in which you want to be out of debt. So if your balance is

\$13,500 and you want to be out of debt in 24 months, it'd be $\$13,500 \div 24$. That'll give you your monthly principal repayment of \$562.50.

3. Add the two together to get your monthly payment. $\$212.62 + \$562.50 = \$775.12$. If the payment seems to be bigger than you can manage, you have two options:

a) You can extend the number of months for the principal repayment calculation.

b) You can make more money.

this is "normal." It's not! You can make the choice to remain a money moron, or you can choose financial stability.

"I don't have time to budget." Really, your most important resource and you don't have the time to manage it? Could it be that your priorities are a little skewed? Did you know that men spend about 3.5 hours and women 2.75 hours every day watching TV?

Hey, you only need to re-allocate a measly half-hour each week to money management to go from being a financial slug to not.

"My partner is the problem." I've met couples where one person is the major culprit. The other person stands meekly by as Mr. or Mrs. I-have-to-have-everything charges them into a debt hole. They shrug and claim to have no ability to change their partner's behaviour.

Here's my big question: Is this the way you're going to live the rest of your life,

walking a tightrope, waiting for the axe to fall? And if you have children, do you think this is creating any sense of security?

These are the same people who turn around and use their debt as the excuse for why they're not stashing away some money for the future. Even those who think they're working hard at paying down their debt are often doing little more than throwing money at their debt. They've never taken the time to figure out how much goes to interest and how much is actually paying down the balance.

If you're serious about getting out of debt, you're not just looking at the minimum payment to keep your credit score nice and shiny. You've set a deadline and done the math to meet that deadline.

Know that if you extend the amount of time you take to pay off the debt, you'll end up paying far more in interest.



Sometimes in relationships, there's a Mr. I-have-to-have-everything whose spending habits don't allow the couple to pay down debt. iSTOCK

3 TIPS



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A slam dunk for gender equality

Workplace. Facebook's Sheryl Sandberg enlists NBA stars LeBron James, Stephen Curry and some of the basketball league's other top players to persuade more men to support women's rights

Facebook executive Sheryl Sandberg has enlisted NBA stars LeBron James, Stephen Curry and some of the basketball league's other top players to convince more men to join the fight for women's rights at home and at work.

The players will deliver the message in public service announcements aired during NBA games on major TV networks over the next few months.

Sandberg is hoping to persuade men that they will be better off financially and emotionally if they take more responsibility for housework and child care, while also backing equal rights for women at work.



Sandberg has enlisted NBA stars LeBron James, Stephen Curry and some of the basketball league's other top players to convince more men to join the fight for women's rights at home and at work. RICHARD DREW / THE ASSOCIATED PRESS

"Gender equality doesn't just benefit women, it benefits men in lots of ways,"

Sandberg said in an interview with The Associated Press. Among other things, she believes most women are likely to have sex with their husbands or partners more frequently when they get more help at home — a phenomenon she has branded as "choreplay."

The clips featuring the basketball stars are part of a partnership between the NBA and LeanIn.org, a non-profit group Sandberg started two years ago with the publication of a bestselling book advising women on the steps they should take to ensure they get the same opportunities as men traditionally have.

The book, *Lean In: Women, Work, and the Will to Lead*, also urged men to do more to support the women and girls in their

Quoted

"The only way anything really changes in society is when we have everyone in society pulling together."

Sheryl Sandberg
Chief operating officer of Facebook

lives.

Sandberg, Facebook's second-highest ranking executive behind CEO Mark Zuckerberg, is counting on the NBA's appeal to connect with millions of sports-loving men who haven't read her book.

LeanIn.org is providing men with tips on how to help in brochures that will be available online as part of the campaign with the

NBA.

Facebook is among a long list of major Silicon Valley companies with a dearth of women in engineering and other technical positions, where the best-paying jobs are found.

"Certainly technology has an uphill battle to fight, but no industry has gotten to where it should be," Sandberg said.

"The only way anything really changes in society is when we have everyone in society pulling together."

Several technology companies, including Facebook, Google,

Women in tech

- Women hold just 15 to 20 per cent of the technology jobs at Google, Apple, Facebook and Yahoo, according to company disclosures made during the past nine months.

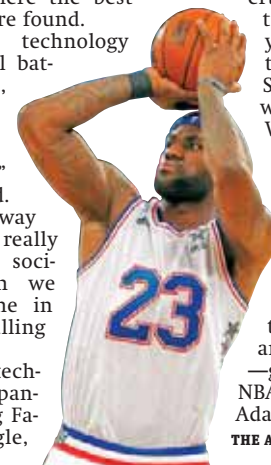
Yahoo and Microsoft are backing a campaign that will be punctuated with #LeanInTogether.

The National Basketball Association has been running a separate league for women for nearly 20 years. Several WNBA players, including All-Stars Sue Bird and Skylar Diggins, appear in the public service announcement that also features the Golden State Warriors' Curry and the Cleveland Cavaliers' James, the players who got the most votes in the fan balloting for last month's NBA All-Star game.

The union representing the NBA players also elected a woman, Michele Roberts, as its executive director last year. Meanwhile, the San Antonio Spurs hired woman, former WNBA star Becky Hammon, as an assistant coach at the start of this season.

"The NBA is committed to creating a work environment that expects — and benefits from — gender equality," NBA Commissioner Adam Silver said.

THE ASSOCIATED PRESS



Did you have to leave High School before graduating?

If you left school for financial or social reasons you may now enter the University of Toronto through the Transitional Year Programme. This is a one-year, full-time preparation programme for people 19 or over. Students enrol at the University of Toronto and are usually eligible for financial assistance.

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Students flying back into black with points

Education. Aeroplan points just another way to pay down student loan: Minister



LEAH HOLOIDAY
leah.holoiday@metronews.ca

Convincing their parents to fly them to Cuba for reading week just got easier for some of Alberta's post-secondary students as the province will now accept travel reward miles to pay down student loans.

The program, launched in January, allows students to pay back their student debt with Aeroplan miles.

For 35,000 points, students will skim \$250 off their loan.

Innovation and advanced education minister Don Scott called the program an "innovative repayment option" that gives students another way to payback school debt.

"Anyone can donate their points to support any student perusing their goal of post-secondary education," said Scott



Students at eight Alberta schools are able to use their Aeroplan points to pay for such things as tuition and meal plans. ISTOCK

about the Higher Ed Points program.

Not only will students be allowed to pay with points for loans, pupils from eight Alberta institutions can also use the travel rewards to pay for tuition meal plans and

residency.

"It's a really innovative way to address a student loan," said Scott. "If you have friends that travel a lot hopefully they'll be quite excited to help a student with their education."

Scott said he would like to see a strong student aid and student loan program in the province and programs like Higher Ed Points is just one way to give students more options.

"Right now we have loans,

bursaries and grants and as we go forward, I'm looking to strengthen that system."

Tyler Ludwig, president Concordia Student Association, said anything that makes it easier for students to pay back loans a good move, but

Perks of flying

Through the Higher Ed Points program, the points are converted to currency.

- Alberta College of Art and Design, Concordia University College of Alberta, Lethbridge College, Olds College, Red Deer College, King's College, SAIT, King's University and University of Lethbridge are the eight institutions that will be accepting the points for pay for tuition, meal plans and residency.

suspects most of the travel rewards will be coming from students' parents.

"I think the only way it's going to really work is if parents have Aeroplan points. I think students for the most part — they're not spending outrageous amounts of money to get Aeroplan points," he said. "I think it provides opportunity for parents to pitch in in a non-monetary way with Aeroplan points."

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Celebrating 20 Years

Video game makers take it to the next level on their own

Work. Independent studios boldly taking on blockbusters in an evolving gaming world

"This is the largest family reunion of game developers in the year," International Game Developers Association chief executive Kate Edwards told AFP at the Game Developers Conference in San Francisco last week.

Veterans from big-name studios behind Triple A console games were in the crowd and headlining sessions, but independent game makers were being touted as the people shaking up the industry with creative new approaches to play.

"Indie game makers are basically democratizing game development," Edwards said.

"It is one of the most exciting things we have seen in this industry in a long time; I think it is a form of revolution."

At the heart of the revolution is the fact that tools for making video games are ubiquitous and often free, meaning people can take a shot at it the same way they could get pencil and paper to try writing a book, according to Edwards.

Risk takers

Game developer Jenna Hoffstein founded Little Worlds Interactive studio in Boston, where she is a member of a



Thousands of game makers — many from studios made up of just a handful of people if not one-person shops — attended the Game Developers Conference in San Francisco last week to share insights and hone their craft. AFP PHOTO

collective of indies.

She works solo, farming some work out to contractors while producing games. Her latest title, Counting Kingdom, has won raves for combining education with fun.

Titles being developed by others in the collective include a rhythm game that casts a player as a monkey trying to save the rainforest, and Robot Roller Derby Disco Dodge Ball, which Hoffstein said was pretty much what the name suggested.

Independent studios tend to take a lot more creative risk than big operations behind Triple A titles, perhaps because launching a dud of a game could cost hundreds of workers their jobs along with losing millions of dollars in production costs, those interviewed

Quoted

"Indie game makers are basically democratizing game development. It is one of the most exciting things we have seen in this industry in a long time."

Kate Edwards
International Game Developers Association
chief executive

by AFP reasoned.

"The indie scene is really this proliferation of interesting, unique, possibly total-failure ideas," Hoffstein said. "Because the independent is only risking their own salary, we have these zany, unique, off-the-wall ideas."

Console kings court indies

Powerhouse video-game console makers Sony and Microsoft have both been reaching out to independent game makers, enticing them to play on PlayStation 4 and Xbox One, respectively.

"When the new consoles came out it, was a clear sign from the biggest players in the industry that some of the best innovation right now in terms of game content is coming from indies," Edwards said.

"Big publishers want to be part of that — to get that really cool content."

Independent games broaden diversity of console play, providing lighter options to big-budget blockbusters such as Skyrim, Halo, and Destiny.

"There will always be someone who wants that really huge, massive game; it is like going to see a film in IMAX 3D," said Edwards.

"But, then there are going to be people perfectly happy playing a game on their phone. There is room for all of them."

AFP

Advice

I'm losing my loonies at lunch hour



OFFICE SPACE
Eleni Deacon
life@metronews.ca

Dear Metro,
I spend about \$50-75 per week buying lunch at various restaurants near my office. It's a huge waste of money, but I hate cooking and have no foresight when it comes to planning meals. I know I'll never manage to bring my lunch every single day, but I'd like to cut my spending in half. Any tips?
—Friends & Rivals

Dear F&R,
There are lots of lunch-packing strategies that don't involve an oven or a wooden spoon. You may, however, have to visit a grocery store. Don't start with a three-course feast. Simple sandwiches—basic bologna, classic PB&J—are an easy way to integrate home-assembled specialties into your takeout routine. The ingredients cost as much as one bento box, but will last several lunches.

And you know that strange room where your co-workers always go? That's your office kitchen. Use it! During your Monday lunch hour, grab salad fixings at a nearby market, then store them in the fridge for use throughout the week. Or stock one drawer of your desk with canned soup. Despite your

culinary aversion, consider mastering a few big-yield staples. Chili and stir-fry are not only easy to make, they also taste better the next day.

Dear Metro,
I work at a digital agency where we're constantly pitching new campaign ideas. Although I work hard to come up with fun concepts, my boss nixes everything I suggest. I've tried big ideas, conservative ideas, super-wacky ideas—nothing gets the thumbs-up. I'm starting to think it's personal! How can I break past this creative roadblock?
—Quit Ignoring Meeeee

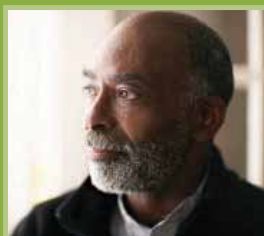
Dear QIM,
Your ideas may be fun—but are they good? Before retaliating, do some self-evaluating.

Maybe your big ideas weren't feasible within budget. Maybe your fun ideas didn't quite capture the client's brand. And your wacky ideas might just be off the mark. The first step to being heard: delivering pitches worth a listen. Still getting nowhere? Get to know your boss. Pay attention to the ideas that do move forward, taking note of what they have that yours don't. Rather than fixating on a suspected personal vendetta, focus on your own personal growth. Tell your superior that you want to improve your performance, and ask for guidance. If they seem opposed to the entire concept of your success, consider a new idea: finding a different job.

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- 2 cups chopped wild mushrooms
- 1 1/2 tsp minced garlic
- Salt and pepper
- 1/2 cup sliced almonds
- 2 tbsp chopped parsley
- 1 tbsp lemon juice
- 1 tbsp Dijon mustard
- 1 1/2 lb tilapia or other white firm fish

Garnish

- Chopped parsley
- 4 lemon wedges

A mild white fish like Tilapia goes well with a flavourful topping. This sautéed mushroom and almond crust is the perfect match.

You can use any mushroom you like, but my fa-



**TOTAL
TIME
ABOUT 25
MINUTES**

This recipe serves four. ROSE REISMAN

vourites are either oyster or brown mushrooms. Be sure to sauté them long enough to eliminate excess moisture.

Use any nut of your choice, such as pecans or even pistachios for colour.

A hot oven of 425 F will ensure a crisper topping.

Tilapia is available all year long either fresh or frozen. You can substitute with grouper, halibut, haddock or basa.

Directions

1. Preheat oven to 425 F.

2. Line a baking sheet with foil sprayed with vegetable oil.

3. In large skillet, add oil and sauté mushrooms, garlic, salt and pepper for 5 to 8 minutes or until cooked and moisture has evaporated.

4. Place in the bowl of food processor, along with almonds, parsley and juice.

5. Pulse just until well mixed.

6. Spread Dijon thinly over top of fish.

7. Pat mushroom mixture over top of fish and bake for 10 minutes per inch of thickness.

8. Garnish with parsley and lemon wedges.

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A sick timeline. Influenza's greatest hits

JACQUELINE
KOVACS
For Metro

If you have been felled by this year's flu, it may be a small comfort to know that this nasty, mutating virus has been around for at least 2,000 years, even if folks didn't label it quite correctly.

Here is a look at influenza's greatest hits over the centuries.

4th century BC: Hippocrates, the father of modern medicine, doesn't name the virus, but notes the symptoms. It's a tricky illness to identify since many of its miserable symptoms are found in other ailments.

1493: A sickness that looks a lot like the flu wipes out most of the indigenous people in the Antilles, shortly after world explorer Christopher Columbus arrives.

1580: The flu breaks out in Russia and spreads to Europe via Africa. Spain loses almost entire cities to the virus, and it kills more than 8,000 people in Rome.

1918: The Spanish flu, one of the worst and most infam-



The flu virus has been causing havoc around the world for at least 2,000 years. SHUTTERSTOCK

ous flu pandemics, strikes and takes the lives of between 50 million and 100 million people.

1957: Thought to have origin-

ated in China, Asian flu wipes out about two million people, according to the World Health Organization.

1968: Hong Kong flu kills

about one million people globally. It then returns in 1969, 1970 and 1972.

1977: Russian flu appears in Northern China and is

similar to the Asian flu of 1957. Because of its similarity, those who had survived the earlier Asian flu tend to have immunities.

Avoiding the virus

- How can you avoid the flu? A healthy lifestyle, including a well-balanced diet, plenty of sleep, good hygiene — especially frequent handwashing — and staying well hydrated can go a long way. A flu vaccine can help you go the distance. Sure, some years they may be only 50 per cent effective, but as the medical community points out, that's a 50 per cent better chance that you may not catch the virus.

2002 and 2003: New strains of flu appear, including H5N1, H7N7 and H10MN7.

2005-2009: Humans infected with H5N1 appear in such places as China, Eastern Turkey, Iraq, Egypt, Indonesia, Pakistan, Nigeria, Vietnam and Bangladesh.

2009: H1N1, a flu originating in swine, is declared a pandemic by the WHO. It's the same strain that caused the Spanish flu in 1918.

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PHC-13942

Stumbling Raptors suffer the wrath of Westbrook



Thunder guard Russell Westbrook shoots in front of Raptors forward Terrence Ross in Oklahoma City, Sunday.
SUE OGROCKI/THE ASSOCIATED PRESS

NBA. Star point guard records his fifth triple-double in six games as OKC holds off Toronto

Russell Westbrook posted his fifth triple-double in six games to help the Oklahoma City Thunder beat the Toronto Raptors 108-104 on Sunday night.

Westbrook, the NBA's leading scorer, had 30 points, matched a career high with 17 assists and grabbed 11 rebounds for his seventh triple-double of the season and 15th of his career.

Enes Kanter had 21 points and 12 rebounds and Serge Ibaka had 21 points and five blocks for the Thunder, who remained alone in eighth place in the Western Conference standings.

The Thunder shot 51 per cent from the field and out-rebounded the Raptors 49-33.

DeMar DeRozan scored 24 points and Terrence Ross added 20 for the Raptors, who lost their third straight.

A power dunk by DeRozan cut Oklahoma City's lead to 106-104 with 15.4 seconds to play. Westbrook made two free throws with 14.3 seconds

On Sunday

108

Thunder

104

Raptors

to play to make it a four-point lead. DeRozan missed a contested three-pointer, and the Thunder held on.

Toronto led by seven in the second quarter before the Thunder rallied. A dunk by Ibaka on an assist by Westbrook cut the Raptors' lead to 59-58, but Toronto maintained a 61-58 lead heading into the break. DeRozan led the Raptors with 16 points in the first half. Oklahoma City shot 56 per cent before the break, but turned the ball over 10 times.

Westbrook clinched the triple-double on a rebound with just over a minute left in the third quarter. Steven Adams' jumper in the lane as time expired in the period gave the Thunder an 86-79 lead and Westbrook his 15th assist.

The Raptors are at San Antonio on Tuesday.

THE ASSOCIATED PRESS

Game notes

- The Raptors had just one turnover in the first quarter, four in the first half and eight in the game.
- Westbrook's seven turnovers in the first half tied for the most by a player in the first half of a game this season.
- Toronto made all nine of its free throws.
- Westbrook's seven turnovers in the first half tied for the most by a player in the first half of a game this season.

Tennis. Pospisil plays the hero as Canada tops Japan

Vasek Pospisil defeated Go Soeda in straight sets Sunday to lead Canada past Japan 3-2 and into the quarter-finals of the Davis Cup.

The 24-year-old won 7-5, 6-3, 6-4 in one hour 49 minutes in front of a partisan crowd in Vancouver, his hometown.

Canada started the day up 2-1 in the best-of-five World Group first-round tie, but Milos Raonic couldn't close it out against Kei Nishikori, falling in a five-set thriller.

Pospisil, who is ranked

Making it interesting

Earlier in the day, Nishikori, ranked No. 4 in the world, beat the sixth-ranked Raonic 3-6, 6-3, 6-4, 2-6, 6-4 in three hours four minutes to keep his country alive in the tie.

62nd in the world and has spent much of his career in Raonic's shadow, took centre stage and didn't disappoint.

THE CANADIAN PRESS

Curling

Morris wins Brier in an extra end

Team Canada's John Morris defeated Northern Ontario's Brad Jacobs 6-5 on Sunday to win the 2015 Tim Hortons Brier.

Northern Ontario trailed 5-3 in the 10th end but, with hammer in hand, Jacobs grabbed a deuce to tie the match and force an extra. Morris scored a single when Pat Simmons drew to the button in the 11th to claim the men's national curling championship. THE CANADIAN PRESS

MLB. Sanchez solid in three scoreless innings

Toronto right-hander Aaron Sanchez was back to his stingy self Sunday, rebounding from a shaky spring debut to throw three scoreless innings against the Pittsburgh Pirates.

"I felt good out there," said the 22-year-old Sanchez, whose 41-pitch effort was perfect

other than a walk. "Obviously my first start, it is what it is ... so to get back out there and get my feet wet, and then go out there and do what I did today is just something to build off."

The Pirates pitchers were just as good, with seven of them combining for a 1-0 victory.

Sanchez is competing for the role of fifth starter but could well be headed back to the role of closer in his second major-league season.

THE CANADIAN PRESS



Aaron Sanchez
THE CANADIAN PRESS

4 SPORTS

NHL

Bruins make
Wings pay while
short-handed

Daniel Paille scored two goals, one coming short-handed, and Brad Marchand added a short-handed goal to lift the Boston Bruins to a 5-3 victory over the Detroit Red Wings on Sunday.

Boston, which is clinging the Eastern Conference's eighth and final playoff spot, improved to 5-1-1 in its past seven games.

David Pastrnak and Loui Eriksson each had a power-play goal for Boston. Backup goalie Niklas Svedberg made 36 saves. Bruins top goaltender Tuukka Rask got the day off after playing 21 of 22 games.

Luke Glendening, Gustav Nyquist and Marek Zidlicky scored for the Red Wings, who have lost two straight after a three-game winning streak.

THE ASSOCIATED PRESS

Henrique, Devils
ground Flyers

Adam Henrique scored two goals and Keith Kinkaid had 25 saves in his return to the lineup to lead the New Jersey Devils to a 5-2 victory over the Philadelphia Flyers on Sunday night.

Jacob Josefson broke a second-period tie with a short-handed goal and defenceman Eric Gelinas added a power-play tally to help the Devils bounce back from a disappointing loss to Columbus and send the Flyers to their second loss in two days. Stephen Gionta also scored and Steve Bernier added three assists.

Ryan White and Michael Raffl scored for the Flyers. THE ASSOCIATED PRESS

Avalanche hold
off late Wild run

Semyon Varlamov stopped 29 shots, Zach Redmond had a goal and an assist, and the Colorado Avalanche beat the Minnesota Wild 3-2 on Sunday night.

Cody McLeod and Gabriel Landeskog also scored for Colorado, which won its third straight.

Chris Stewart and Thomas Vanek both scored late for the Wild, and Devan Dubnyk had 18 saves in his 24th straight start for Minnesota. THE ASSOCIATED PRESS

Kadri sent home after missing team meeting

Maple Leafs. Horachek vague on young forward's status for Monday night's tilt against Islanders

This may be a lost season for the Maple Leafs, but interim head coach Peter Horachek won't put up with sloppy work habits down the stretch.

Centre Nazem Kadri found that out on Sunday morning when he showed up late for a team meeting. Horachek sent him home before practice and cast doubt on whether he wants him for Monday's home game against the powerful New York Islanders.

Kadri was noticeably absent from the practice at the MasterCard Centre following a 6-1 blowout loss to the St. Louis Blues on Saturday night.

Some players skip practice to take a maintenance day, but this wasn't the case with Kadri.

"He missed a meeting, so I sent him home," the coach said. "He showed up, but not when I was doing it (the meeting)."

The Leafs' public relations team broke up the scrum without allowing Horachek to make a fuller explanation.

The Leafs said there would be no followup statement on why Kadri was late, but his tardiness did coincide with the



Nazem Kadri and the Blues' Robert Bortuzzo collide on Saturday at the Air Canada Centre. The Leafs said the forward's tardiness for a meeting coincided with the shift to daylight saving time. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

shift to daylight saving time, when the clocks moved ahead one hour.

Asked if he would be available for the Islanders game, the Leaf coach said, "If I want him."

Kadri, 24, is a restricted free agent at the end of the season. He is the fourth-leading scorer on the team with 16 goals and 20 assists.

Kadri, however, has faced

criticisms in the past that he lacks the maturity and commitment to be a first-line centre in the NHL.

Horachek made it clear before addressing the Kadri question that the Leafs are not preparing the way professional hockey players should.

With 16 games left in the season, Horachek showed he will not let the Leafs run out

the string with efforts like they gave on Saturday.

At one point, on a Leaf power play when they were down 5-0 to the Blues, he deliberately sat his first line because of their poor work ethic, and he reiterated Sunday he is prepared to cut more minutes if the effort doesn't improve.

Horachek was asked on Sunday if the Leafs' lack of ef-

Robidas' season over

The Leafs announced on Sunday they have shut down Stephane Robidas for the rest of the season.

- The defenceman will have left shoulder surgery this week to repair some tears in his labrum and rotator cuff.

- Robidas, 38, played 51 games for the Maple Leafs this season. He had a goal and six assists in his first season in Toronto after signing a three-year contract as a free agent on July 1.

fort can be explained away by players feeling the aches and pains of a long season. Horachek didn't buy it. All players go through this and the Leafs are no different.

Horachek then gave a short tutorial on what being a professional athlete is all about. It takes a lot of preparation, he said.

"You expect them to hold themselves accountable," Horachek said. "Being a professional hockey player, this is the best league in the world. You're paid well. You should be excited. This is a great hockey town. We've got great facilities. You want them to show up."

TORSTAR NEWS SERVICE

Hints of disaster present ahead of lost season

The first clue this Maple Leafs season was going to be a disaster might have been when coach Randy Carlyle was retained after a disastrous 2013-14 season.

He was even given an extension, but had little input into hiring his assistants.

Then one of his assistants — Steve Spott, hired to be a players' coach, a trusted ear — got caught telling tales about how Phil Kessel nixed Spott's ideas about new breakouts. Spott went to Carlyle, who told him to do it Kessel's way, since Kessel would be around longer.

Kessel certainly lasted longer than Carlyle, who was fired Jan. 6.

There were other foreboding clues to the losing season



Phil Kessel has earned a reputation of being difficult to coach. RICK MADONIK/TORSTAR NEWS SERVICE

that was to come.

Kessel showed up at training camp out of shape, almost bragging he barely skated in

the off-season. Think about it: The team's star \$64-million player taking things lightly.

It is about as dysfunctional a billion-dollar organization as there is on the planet, one that lurches from one crisis to the next.

The assistants weren't hired by the coach. The coach wasn't hired by the GM. The GM wasn't hired by the president. The president was hired by the chief executive, but he's leaving. And the owners hate each other with a passion.

So what's transpired this lost season should come as no surprise:

- Fans throwing jerseys on the ice after repeated poor performances.

- The players deciding it was a good idea to stop salut-

ing fans after wins. The term Salute-gate is born.

- Firing the coach, with the team holding a playoff spot, in the hopes of getting a bump by playing a more disciplined brand of hockey. But the team can't play a more disciplined brand of hockey, and suddenly it can't score anymore.

- Kessel says it's not his fault Carlyle got fired, and calls a reporter an idiot for suggesting he's a coach killer.

- Former Maple Leafs coach Ron Wilson tells TSN "you

can't win with Phil."

- With losses mounting, emerging leader Morgan Rielly talks to the media. Says something about not being "girls" about all the losing in a long, otherwise thoughtful interview. Twitter blows up. Rielly apologizes.

- Kessel talks. And when he does, watch out. Pure gold. He said what he felt, a spirited defence of his friend and captain Dion Phaneuf. It just leaves you wondering, where has this passion been all this time?

TORSTAR NEWS SERVICE

La Liga

Messi hat trick boosts Barca to win, league lead

Lionel Messi scored a hat trick to help Barcelona rout Rayo Vallecano 6-1 at home and take the lead of the Spanish league on Sunday.

Barcelona capitalized on Real Madrid's latest slip to move one point ahead with



Lionel Messi GETTY IMAGES

the fierce rivals set to meet at Camp Nou in two weeks.
THE ASSOCIATED PRESS

FA Cup

Liverpool's attack goes limp in draw with Blackburn

Liverpool was held 0-0 by second-tier Blackburn in the FA Cup quarter-finals as the Premier League's in-form team lost its attacking sparkle at Anfield on Sunday.

Blackburn came close to causing a huge shock,

dominating parts of the first half after an eight-minute delay early in the game following an injury to Liverpool defender Martin Skrtel in an aerial challenge. Skrtel was wearing a neck brace as he was carried off on a stretcher but Liverpool manager Brendan Rodgers said the centre back was "fine."

Aston Villa beat West Bromwich Albion 2-0 and is the only team through to the semifinals. **THE ASSOCIATED PRESS**

NFL

McCoy cashes in with Buffalo Bills

Five days after the Philadelphia Eagles agreed to trade LeSean McCoy, the star running back agreed on a newly restructured five-year, \$40-million contract with the Buffalo Bills.

Both deals will take effect on Tuesday.
THE ASSOCIATED PRESS

NFL

CJ2K shot in stopped vehicle

New York Jets running back Chris Johnson and another passenger were shot in their shoulders while stopped at a traffic light in Orlando overnight, and the driver of the vehicle they were in was killed.

THE ASSOCIATED PRESS

Johnson returns from leave to victory

World golf.

Following an absence for 'personal' reasons, Dustin Johnson takes home the ninth PGA win of his career

two shots, only to make three bogeys in a four-hole stretch on the back nine. He shot 71 and finished two behind.

Johnson won for the ninth time in his PGA Tour career and moved to No. 7 in the world.

It looked as though the 30-year-old Johnson was never gone.

He returned just five weeks ago from a six-month leave of absence to seek professional help for what he described only as personal challenge. Golf.com reported in August that Johnson had failed a cocaine test for the second time, and that he previously was suspended in 2012 under similar circumstances.

Johnson only said, "No," when asked if he failed a drug test in an interview before his return.

The swagger was back at Trump National Doral, especially on the finishing holes. But when he tapped in for

par, it was clear this victory meant more than the others. He walked off with fiancée Paulina Gretzky — the daughter of hockey great Wayne Gretzky — and their son, Tatum, who was born in January.

"I knew I was really good," Johnson said. "I knew there was something I was missing that could make me great. I was working hard on that, and I think it's showing right now.... it's tough. I'm so excited right now, I can't hardly talk. It feels great. The one definitely, by far, is the best one."

Johnson finished at 9-under 279, adding to the WGC title he won in Shanghai at the end of 2013. He was on top of his game, one of golf's most athletic figures who already had contended in three majors. Then came the indefinite leave, forcing him to miss the Ryder Cup and the FedEx Cup playoffs.

THE ASSOCIATED PRESS



Dustin Johnson won for the ninth time in his PGA Tour career on Sunday. MIKE EHRLMANN/GETTY IMAGES

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AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



Horoscopes by Sally Brompton

Aries

March 21 - April 20

You don't have to wait until later this month to plan what you are going to do. Start now. The more you look ahead the more successful you will be.

Taurus

April 21 - May 21

Don't take someone's negative remarks to heart because either they don't mean what they say or they don't realize how offensive it sounds to you.

Gemini

May 22 - June 21

It may seem as if the world is falling apart but it really isn't that bad, and what is bad is part of a larger plan.

Cancer

June 22 - July 23

One of the most challenging times of the year will begin when the Sun changes signs on the 20th but between now and then there are plenty of things you can do to make life easier for yourself.

Leo

July 24 - Aug. 23

Make an effort to talk over your problems, especially your money problems, with someone who can not only lend a sympathetic ear but can help you with practical advice.

Virgo

Aug. 24 - Sept. 23

You have been playing a number of roles in recent weeks but you need to remember that they are make believe and not reality.

Libra

Sept. 24 - Oct. 23

Look for ways to co-operate with colleagues and people in positions of power. You have wasted enough time and energy trying to outdo each other.

Scorpio

Oct. 24 - Nov. 22

According to the planets you have become too set in your ways of late — yes, even more so than usual — and now you must loosen up a little and let other possibilities into your life.

Sagittarius

Nov. 23 - Dec. 21

Focus on what really matters. It may be hard for someone like you who is so easily bored to concentrate on just one thing.

Capricorn

Dec. 22 - Jan. 20

Looking around at the world you might come to the conclusion that the times are not as good as they should be. So how can you make them better?

Aquarius

Jan. 21 - Feb. 19

Your mind will have to work hard this week, so don't do anything too strenuous physically.

Pisces

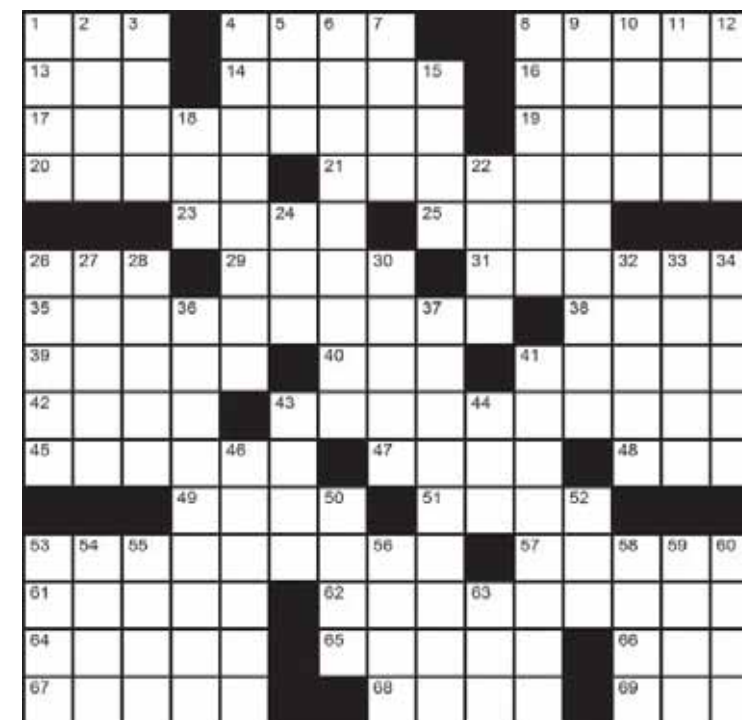
Feb. 20 - March 20

What you own and what you earn is on your mind constantly at the moment but don't worry yourself sick about it. There are more important things in life than dollars and cents, so keep a sense of perspective.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Vintner's 'dry'
4. Howard Stern's producer 'Mr. Booney'
8. Comic actor Mr. Shore
13. Clearasil rival, ___ 5
14. "___ Life" (1998)
16. Prefix pertaining to blood vessels
17. Animated comedy on FOX: 2 wds.
19. Opera soprano Beverly
20. Rectify
21. Vancouver Island town, 'Heritage by the Sea'
23. "___ is me!"
25. Palm starch
26. Back then
29. Bus. name abbreviations
31. 6/49 and Max
35. Big park in Montreal: 2 mots
38. Suffix meaning 'collection'
39. Seizes
40. Melissa of movies
41. Marlon Brando's "Superman" (1978) role
42. Water bird
43. Archie: Riverdale High professor
45. 50th Anniversary! Song from "The Sound of



Music" (1965)

47. Pipsqueak pup
48. Sample
49. Archeological site of western Iran
51. ___ Alberni, BC
53. Words stamped on a spy's dossier
57. Mirage vision
61. Mrs. '___ Goes to Paris (Paul Gallico

novel)

62. Place to check outerwear
64. Bar chair
65. Man, in Montreal
66. Skater Midori
67. 'Sleep'-meaning prefix
68. 'Kind' suffix
69. Don't keep up

Down

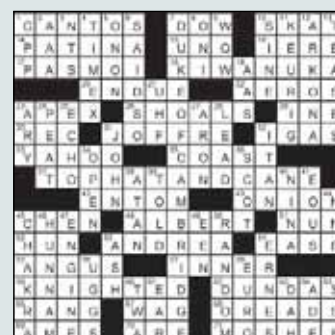
1. Chesterfield
2. Test
3. Flower cluster
4. Pianos of this brand
5. 'Lull' ending
6. Taps, for one: 2 wds.
7. Water: Spanish
8. Turn a particular

Monopoly corner:

- 2 wds.
9. Band performing the song at #36-Down
10. Fancy fruit
11. Lively tune
12. Mr. Shmenge ("SCTV" character)
15. Late guitarist Mr. Barrett's

18. Ancient veil-giver
22. Ivy League school
24. Man. neighbour
26. Chilly
27. Legendary Greta
28. Breath ___ (It's nice when it's fresh)
30. Historic French title of respect
32. Predictions pack
33. ___ the other (Not both)
34. Chips, often
36. "FashionTelevision" theme tune
37. Song by Canadian singer Kandle: 4 wds.
41. Canoeist's keeping-straight paddling moves
43. Financial-related, briefly
44. Antacid brand
46. Morning mixture
50. Architectural shape
52. Road surface
53. Itar-___ (Russian news agency)
54. A conjunction/A preposition... Together here.
55. Graduation ball
56. Mr. Musk
58. Earth
59. Bit
60. City haze
63. Morning hrs.

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



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